

# CLARK, DELANEY & NGUYEN

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## AFTER CROWN & BRIDGE PREPARATIONS

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In most cases, the area worked on will be tender and sore for a few days. Warm salt water rinses and ibuprofen will usually improve your symptoms.

After a crown or bridge preparation, we place an acrylic temporary over the prepared teeth. This temporary will easily come out if you chew gum or sticky candies. To avoid an extra visit to our office, please do not chew gum or candy while temporized.

Another way temporaries come out is by flossing. We DO want you to floss, but do so CAREFULLY and GENTLY. Pull the floss through the cheek side of the temporary instead of pulling it up and out.

Massage your gum tissue around the temporary with small circular motions with your toothbrush. It is very important to keep your tissue healthy so that your next appointment to insert your crown or bridge will go smoothly.

If your temporary comes out, PLEASE CALL US. We need to cement the temporary back in, not only to protect your tooth, but also to maintain the space for your crown to fit.

Some temperature or bite sensitivity on the tooth that was prepared can be expected, however if the tooth is aching or has severe pain please call the office and let us know. Generally sensitivity will go away with time once the final crown has been cemented. Sensitivity products such as Sensodyne or a sensitivity mouth rinse can help the tooth recover as well.

If you have any concerns or questions, please call us at our office.